

CITY OF HANNIBAL AND BOARD OF PUBLIC WORKS

EMPLOYEE BENEFITS REFERENCE GUIDE

Cottingham & Butler will provide monthly communication pieces on the below employee benefits and value-adds provided by the listed carriers.

Employee Benefits

- **Medical Insurance**
- **Prescription Drugs**
- **Dental**
- **Vision**
- **Life Insurance**
- **Personal Advisor Services (Hoopayz)**
Phone: (866) 981-4991
- **Employee Assistance Program**
 - Quincy Medical Group <https://quincymedgroup.com/medical-services/behavioral-health/counseling-services/>
Phone: (217) 222-6550 ext. 3418
 - Cornerstone <https://www.cornerstone-quincy.org/>
Phone: (217) 222-8254
 - Mark Twain Behavioral Health <https://mtbh.org/>
Phone: 1 (800) 366-5395
- **Be Well at Work/Be Well on Demand**
<https://www.blessinghealth.org/treatments/be-well-work-program>

HealthLink

- **Utilization Review**
- **Find a Doctor** <https://www.healthlink.com/ipf>
- **COVID-19 Resources** <https://www.healthlink.com/coronavirus>
- **Educational Library**
 - Health and Wellness Videos <https://www.healthlink.com/member/hltv>
 - Recipes for Better Health <https://www.healthlink.com/member/recipes>
 - Healthy "Know-How" Fact Sheets <https://www.healthlink.com/member/healthy-know-how>
 - Preventive Care Plans & Guidelines <https://www.healthlink.com/member/preventive-care>
- **Member Toolbox**
 - The Last Cigarette (TLC) Kits: Tools and support for quitting smoking.
<https://www.healthlink.com/member/tlc>
 - Lifestyle Management: Online tools that focus on physical, social and emotional behaviors that impact total well-being. <https://www.healthlink.com/member/lifestyle-management-link>
 - Healthy Living Website: Interactive quizzes, calculators and mini-health assessments designed to help employees achieve a healthier lifestyle. <https://www.webmdhealth.com/eHealth/main/HomePage.aspx>

RightChoice

- **myStrength:** Available until August 2020 provides employees with emotional and mental health needs during these challenging times. <https://bh.mystrength.com/healthlinkcovidsupport>
- **Precertification/Case Management**